

1. Have you ever been in a situation that seemed hopeless? Share your story.
2. Read Psalm 33: 13-22. Identify the "false hopes" that exist in our current culture. How do these false hopes fail us?
3. Reflect on your typical morning. What do you hope for each day? What happens when the things you hope for fail to happen?
4. As a Christian, what is our true hope? How does having true hope change your life?
5. What steps can you take this week to live with true hope?