

EXODUS FOR KIDS



For tonight's family talk, we are going to talk about food from Exodus 16. But before we dive into the Bible, I have a question for you, "Have you ever been really, really, really hungry before?" I mean so hungry that you thought you were going to die if you didn't get something to eat right away? Whenever you are super, super, super hungry, who do you usually ask for food?

Well, in Exodus 16, the people of Israel are following God through the wilderness and they become really, really hungry. Now if you were following God through a wilderness and you got hungry, who would you ask for food? God of course, right?

Not the people of Israel; instead of asking God for food, they grumbled to Moses. In fact, listen to what they said to Moses, *"If only we had died by the LORD's hand in Egypt! There we sat around pots of meat and ate all the food we wanted, but you have brought us out into this desert to starve this entire assembly to death."* (Exodus 16:3)

Did you hear that! The people just wished God would have killed them in Egypt with their bellies full rather than have them die in the wilderness on an empty stomach. These people are tired and hungry, and rather than trusting and asking God to meet their need, they grumbled and complained about it.

Yet here is the really cool thing. Even though the people were grumbling and complaining, God still loved them and took care of them. God, in His grace and mercy, heard their grumbling and gave them something even better than they could have imagined! They were wanting bread from Egypt, but God gave them bread from heaven!

Did you know Jesus used this passage from Exodus in John chapter 6 to talk about Himself? Jesus had just feed the 5,000 people with a few loaves of bread (remember that story?), and they came back to Him because they wanted more bread. Then Jesus said this: *"I am the living bread that came down from heaven. If anyone eats of this bread, he will live forever."* (John 6:51)

Do you know what this saying means? It means that the hunger we feel when we don't have food to eat actually points us to Jesus! Because just like eating food satisfies the hunger in your belly, Jesus is the only one who can satisfy your heart forever.

So the next time your stomach is growling for a grilled cheese, remember your heart is also growling for Jesus. And when your heart feasts on Jesus, He gives you eternal life and you get to live with Him forever. So the next time you're hungry, don't just feed your lips, feed your heart as well.